

Elevating Performance: A Vision Aligned with PDSTA

At PDSTA, we believe that performance is not just about achieving results but also about how we achieve them. Our vision is to create a dynamic environment where individuals and teams can excel, leveraging the best tools and strategies to reach their full potential..

Achieve your peak performance with us through **Holistic Approach, Supportive Environment & Vision-Driven Success.**

At PDSTA, performance is not just an outcome—it's a reflection of our values, vision, and commitment to excellence. Together, we elevate our performance and unlock new possibilities for success.

The cricket format includes players divided into age categories of under 12, under 14, under 16, and under 19, along with a dedicated women's wing and a specialized 'Hyper Formula' cricket coaching program. The coaching program focuses on advanced techniques, fitness training, and mental conditioning to enhance the players' skills and performance. Additionally, we have professional management to oversee the association, providing planning, strategizing, and execution to ensure comprehensive development for each category.

Module

Practice Session

I

Every Monday to Thursday
- Morning 8:30am to 11am
- Afternoon 2:30 to 6pm

II

Saturday and Friday
- Morning 8am to 11:30am

III

All six days
- As per schedule

IV

Special Cricket Coaching
- Extra time after practice

V

High Performance Cricket Coaching with 2 coach & faculty
- Two days per week



**PALGHAR DAHANU
TALUKA SPORTS
ASSOCIATION**





PDTSA, the Palghar Dahanu Taluka Sports Association, is a sports organization dedicated for nurturing young talent in cricket. Based in Boisar, Maharashtra, India, as of now, PDTSA has bestowed many talents for India and Mumbai, and plans to achieve the goal of 05 for India, 10 for Mumbai, 05 For IPL, 20 for MPI, till 2030.

Our Mission:

To empower young cricketers through sports, instilling discipline, teamwork, and a competitive spirit, while contributing to the growth of sports for the people at Palghar district and taluka.

Our vision:

‘Khelo Mumbai – Khelo Bharat’
(Play for Mumbai – Play for India)!

Pleasure the top-notch facilities that nurture young talent. Experience well-maintained cricket grounds, screening, fitness centers, and dedicated coaching pavilion. We also provides access to quality sports equipment and organizes regular training sessions and tournaments.



Practice Ground



Fitness Zone



Coaching Pavilion



Screening



Indoor Practice



Swimming Session

Parent's Role

Understand the Process: Recognize that skill development takes time and effort.

Promote a Positive Mindset: Encourage a growth mindset and emphasize effort over outcome.

Foster Sportsmanship: Train your child to be a good Sportsman & Human.

Support Practice: Ensure your child attends practices regularly and on time.

Open Communication: Maintain open communication with the coach about your child's progress and any concerns.

Healthy Diet: Ensure a proper Nutritional diet for the key to peak performance.

Schedule a free consultation today!

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